



**SOLENT ICE  
HOCKEY**



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# **Solent Women's Ice Hockey Club**

*Club Code of Conduct*

[Solent Women's Ice Hockey Club](#)

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# 1. Introduction

The purpose of this code is to ensure professional conduct from all individuals involved with the Solent Women's Ice Hockey Club, and to promote a safe, inclusive and positive environment for all club and team members. This Code of Conduct & Ethics applies to anyone involved in the club, including but not limited to: players, committee officials, coaches, parents, and game day support volunteers.

These codes let everyone know what they can expect from the club, coaches and volunteers, and also what standard of behaviour is expected from club members, players and parents/carers. They are also a tool for continuous improvement and are a core enabler to monitor and improve the behaviour and practice of our members. When a club member does not meet the expectations set out in the codes, disciplinary or performance management action may be taken by the club.

# 2. Core Values

All SWIHC members should embody the core values below:

**Commitment: We are committed.**

We show up for practices and games, have each others' backs, and do our best to help the club be better. We maintain our focus on our goals and commit to achieving these, united as one club.

**Support: We help each other.**

We help each other when times are tough, whether that is on or off the ice. We are open and accepting to each other's differing needs and perspectives without accusation or disrespect.

**Motivation: We raise each other up.**

We support and encourage each other to achieve our goals in a healthy, positive way, empowering players to challenge themselves, celebrating and valuing all individual and team achievements.

**Communication: We communicate with kindness**

We speak honestly, with kindness and good intent, considering whether it is necessary, helpful or inspiring. We take personal responsibility for communicating with dignity and courtesy regardless of our emotional state. We listen as well as speak, helping those less vocal to be heard.

**Respect: We respect each other.**

We hold in high esteem our sport and earn the respect of others in the way we behave. We respect our match officials and accept their decisions. We respect opposition teams and supporters. We observe fair play both on and off the ice and are generous in victory and dignified in defeat. We

respect and value our players, coaches and club members, and nurture a culture of trust and openness so we can have fun, learn, fail, grow and win together.

### 3. Club Ethics

All individuals involved with SWIHC activities will at all times:

- Abide by the rules set forth in SWIHC policies and procedures.
- Conduct themselves in a professional manner and give due regard to the authority of officials and the rights of players, spectators, volunteers, staff and others.
- Conduct themselves in a manner that takes all reasonable measures to protect their own safety and the safety of others.
- Act with integrity and set a positive example, promoting the reputation of the club and the sport and taking all possible steps to prevent it from being brought into disrepute.
- Never use violence or profanity; refrain from engaging in any form of violence, verbal threats, or profanity.
- Treat all individuals equally; with respect and dignity, and without discrimination or prejudice on grounds of age, gender, sexual orientation, cultural background, ethnicity, disability, lifestyle or religious preference.
- Challenge any discrimination or bullying of any participant within the club.
- Refrain from making inappropriate physical contact with children or vulnerable adults and avoid being alone with them unless this is required as part of an organised activity.
- Be aware of and abide by **SWIHC Safeguarding policies and procedures** and report any concerns of abuse to the club Designated Safeguarding Lead (DSL) immediately via **safeguarding@xxxxxx**
- Do not engage in public criticism of SWIHC or individuals involved within the club.
- Complete all paperwork required by the club (e.g. consent, medical forms etc.) and update these straight away if anything changes.
- Take care of equipment owned or provided by the club, and leave rink facilities in the same condition they were found in.
- Follow the relevant code of conduct detailed in this document.

## 4. Codes of Conduct

### 5. Player Code of Conduct

As a player I will:

1. Learn the rules of ice hockey and play by them.
2. Be a team player - get along with my teammates, and not bully anyone or pressure them to do things they do not want to.
3. Anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time.
4. Display consistently high standards of behaviour, acting with dignity and displaying courtesy and good manners towards others.
5. Be a good sport - win with modesty, lose with dignity, and recognise and applaud all good play.
6. Work equally hard for myself as for my team. Both my performance and my team's performance will benefit from my hard work and dedication.
7. Control my temper. I understand that verbal abuse of officials, coaches, teammates and other players, or deliberately distracting or provoking an opponent, is not acceptable.
8. Cooperate with my coach, teammates, opponents and officials, and listen to all instructions from my coach and officials. Without them there would be no games.
9. Keep myself safe, and tell a coach if I am ill or injured.
10. Not carry or consume alcohol or illegal substances before or during practices or games.

I understand that if I do not follow the code, any/all of the following actions may be taken in accordance with the SWIHC Disciplinary Procedure

- Be required to apologise.
- Receive a formal warning from the coach, manager or the club committee.
- Be dropped or substituted.
- Be suspended from training and/or games.
- Be required to leave the club.

## 6. Parent and Carers Code of Conduct

As a parent or carer I will:

1. Make sure my child has the right kit for the session as well as enough food, drink and necessary medications (e.g. asthma inhalers).
2. Make sure my child arrives at sessions on time and is picked up promptly; or let us know if you're running late or if your child is going home with someone else.
3. Talk to us if you have any concerns about any part of your child's involvement.
4. Prioritise wellbeing. As a parent or carer, put the emotional and physical well-being of youth participants ahead of personal desires to win. Remember that sports are about more than just victory; they contribute to character development and enjoyment.
5. Model sportsmanship. Be a role model for your child by demonstrating good sportsmanship. Show respect to players, coaches, officials, spectators, and other families at all times. Encourage positive behaviour and discourage negativity. Talk to your child about embracing good etiquette and sportsmanship.
6. Demonstrate effective communication. Communicate respectfully with others and avoid aggressive or confrontational language. If you have concerns or feedback, express them constructively and through appropriate channels.
7. Respect and trust the decisions made by coaches and officials. They have the best interests of the team and individual players in mind. Avoid undermining their authority during games or practices.
8. Avoid yelling advice; trust the coaching staff to guide the players effectively.
9. Remain respectful and motivating - do not belittle or ridicule anyone involved in a club event— in public, private, in-person, or online. Encourage your child to respect and celebrate differences in the club.
10. Ensure that your child understands their code of conduct.

I understand that if I do not follow the code, any/all of the following actions may be taken in accordance with the SWIHC Disciplinary Procedure

- Be required to apologise.
- Receive a formal warning from the coach, manager or the club committee.
- Be suspended from the club.
- Be required to leave the club, potentially along with my child.

## 7. Coaches Code of Conduct

As a coach within SWIHC I will:

1. Organise practices that are fun and challenging for players of all ability levels. These will be planned in a timely fashion and fall in line with the annual club development plan.
2. Communicate regularly and openly with members of the coaching team and wider committee. I will raise concerns in a timely fashion to the appropriate parties and am objective in securing the best outcomes and decisions for the club, even if they contradict my own personal opinions.
3. Be generous, fair and honest with my praise and feedback. I will provide feedback, coaching and advice to all players equally, regardless of personal relationships, and maintain an open line of communication with players and parents/carers alike.
4. Not criticise players publicly, nor yell or swear at them. I will respect the on- and off-ice officials and will be prepared to challenge those who display behaviour not in line with the SWIHC values and Code of Conduct.
5. Clarify with players (and where appropriate, with parents or carers) exactly what it is that is expected of them and what athletes are entitled to expect from me.
6. Role model the behaviours that I expect from my players. I cannot expect my players to be well prepared, fully equipped and on time if I am not. I will use my position to set an example for all members of the club.
7. Maintain my required qualifications, but also ensure that I stay up-to-date with all relevant rule changes and new thought processes. I constantly seek to improve myself as a coach and strive for personal excellence.
8. Place the safety, enjoyment and wellbeing of each player above everything - even winning. I will develop relationships with my players based on openness, honesty, trust and mutual respect.
9. Remember that firstly, this is only a game, and that secondly, as a coach I am not only developing hockey players, I am also developing people - which is a responsibility I take seriously.

I understand that if I do not follow the code, any/all of the following actions may be taken in accordance with the SWIHC Disciplinary Procedure:

- Be required to apologise.



- Receive a formal warning from the Chairperson, Coaching Coordinator or the club committee.
- Be suspended from club activities for a period of time.
- Be required to leave the club.

## 8. Committee Official/Staff Code of Conduct

As a member of the SWIHC committee I will:

- Adhere to and be prepared for my [role responsibilities](#), and seek support from the Chair of the club if I am unable to do so.
- Keep my professional knowledge and skills up to date, attend any training appropriate to my role. Be appropriately qualified and renew my licence and DBS as and when required by EIH and the Club.
- Promote and model positive behaviour and good sportsmanship. This should include consideration of your social media presence and behaviour both at the club and outside.
- Encourage all members to behave in a positive manner and follow the rules of the club and sport, and never condone rule violations or the use of prohibited or age-inappropriate substances.
- Work in a spirit of cooperation with other committee members and the EIH, and do not interfere with their responsibilities.
- Observe the authority of officials and follow the rules of the sport when questioning any decisions.
- Treat with respect and encourage all members to respect competitors from other teams in victory or defeat; do not undermine, put down or belittle other players, coaches, officials, or volunteers.
- Act in a decisive, objective but friendly manner in my interaction with other committee members, coaches, players and spectators, and carry out my duties in an efficient and non-abrasive manner.
- Do not exert undue influence to obtain personal benefit or reward.
- Not carry or consume alcohol or illegal substances before or during practices or games, or consume excess alcohol while representing the Club.
- Respect your position of trust and maintain appropriate boundaries and relationships with young people.
- Notify the Chair and/or DSL of any matters, such as criminal investigations, allegations or convictions, which may arise and compromise my suitability to continue in my role.
- Challenge and report any inappropriate behaviour or suspected misconduct by any committee members, coaches or other people involved with the club as soon as possible.
- Be aware of legal obligations, including safeguarding procedures and anti-doping regulations, as well as how to escalate concerns relating to abuse or anti-doping infringements.

I understand that if I do not follow the code, any/all of the following actions may be taken in accordance with the SWIHC Disciplinary Procedure:

- Be required to apologise.
- Receive a formal warning from the Chair.

- Be suspended from duties.
- Be suspended from the club.
- Be required to leave the club.